

pro7

-  Accelerates and maximizes results
-  PrecisionWave Technology™
-  Patented multidirectional vibration
-  Helps boost recovery time
-  A complete workout in only 15 minutes

The Ultimate for Performance.

Achieve functional training results like never before with the Power Plate® pro7™. Scientifically proven to get results in half the time of traditional programs, your clients will feel the difference in just one session. The pro7 is the first commercial vibration training machine to feature an integrated LCD touch screen with Functional Interactive Training (F.I.T.) software, taking clients through every stage of their Power Plate program. Equipped with embedded proMOTION™ multidirectional cables with variable resistance and the largest Power Plate platform available, training clients on the pro7 is limited only to your imagination.

Functional training made simple.



POWER  PLATE®

powerplate.com

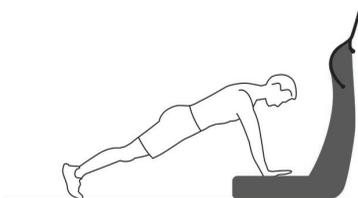


Power Plate® pro7™ Features

71-P7A-3900 Matte Black

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|---|---|
| Color (Standard) | Matte Black |
| Dimensions (W x D x H) | 38in x 46in x 60in / 96cm x 116cm x 152cm |
| Platform Dimensions (W x D) | 38in x 33in / 96.5cm x 83.8cm |
| Weight | 430lb / 195kg |
| Power Supply | 100–240V, 50/60Hz, Nominal Power: 160-265W, Universal Voltage |
| Maximum Load | 500lb / 227.2kg |
| STAX™ | Advanced Stabilization and Compensation System |
| Operating System | Android 4.4.2 |
| USB Port/ Hub | 4 USB port support (USB host 2.0) |
| Net Access | 10 /100M Ethernet |
| Upper Display | 4-wire Capacitive type touch screen with 10.1" 1920x1080 resolution LCD display |
| Audio | Wolf sound chip WM8994, stereo in/out |
| G-Factor™ Settings | 0-8 (with 27 sublevels of intensity) |
| DualSync™Twin Motor System | DualSync Twin Motor System maintains precise balance at any frequency and amplitude level, allowing perfect synchronisation of vibration for maximum muscle response and efficiency |
| proMotion™ Dynamic Vibration Technology | Three-position tension adjustment; embedded with modular attachment option |
| Frequency | 25 - 50 Hz |
| Time Selections | 30, 60 seconds, 0-9 minutes |
| Amplitude / Vibration Setting | Low or High |
| Certifications | CE, PSE |
| Warranty | 3 years hardware / 1 year electronics / 1 year labor |

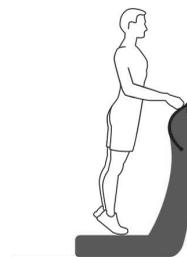
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Push-Up



Squat w/Static Strap



Calf Stretch



For training tips, workouts and even more ways to get the most out of our products, download the Power Plate App.

