



## CLIENT SHOWCASE

### LINCOLN STATION ROWHOMES

New Lenox, IL

#### SERVICES PROVIDED BY ARDENT FITNESS:

- Fitness equipment
- Fitness equipment setup & installation
- Zogics Gym Wipes

As the fourth-tallest skyscraper in Philadelphia, Pennsylvania, and the 34th tallest building in the United States, 2 Liberty Place (2LP) is an iconic fixture on the Philadelphia skyline. Located in the heart of the city's Central Business District, 2 Liberty Place is a 1.2 million-square-foot iconic Trophy office tower with a 12,000-square-foot fitness center amenity. Recognizing the pivotal role of health and fitness for tenants of 2LP, they chose Ardent Fitness for an unparalleled transformation of their fitness facilities.

The renovation has culminated in a fitness amenity that harmonizes with the existing amenities of 2 Liberty Place, providing tenants with a premium fitness experience. The entire space encompasses the forefront of fitness technology, including smart cardio machines, advanced strength training apparatus, and much more.





## Connected Cardio Choices

Residents have plenty of options for their workouts, with a range of StarTrac 4 Series connected cardio equipment.



## Complete Functional Fitness

Complementing the cardio equipment is a Prism Smart FTC Floor Mount allowing for self-guided exercises and a well-rounded workout.



## Every Square Foot is Accounted For

Nautilus Instinct strength training machines are versatile and have small footprints to get the most out of a minimal space.



## Nautilus Instinct Pieces Help Residents Achieve Fitness Goals

The Nautilus Instinct Series of strength equipment is a full line of intuitive machines with easy adjustments.



## **Nautilus Instinct Pieces Help Residents Achieve Fitness Goals**

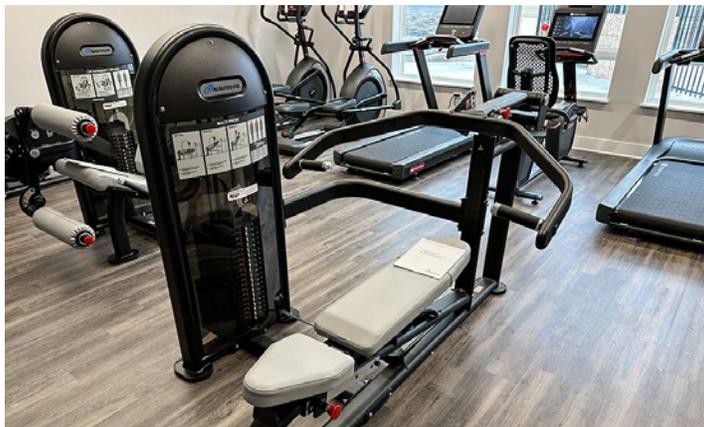
Additional pieces from The Nautilus Instinct Series of strength equipment offer users a quick and complete workout. specifically designed for golfers.



## **TKO 10-Sided Rubber Dumbbell Set**

Each piece in the set is crafted with an all-steel head, press fit, and welded to a hard chrome handle, guaranteed to give residents years of worry-free use.

# ARDENT FITNESS



## EQUIPMENT PROVIDED



**STAR TRAC**  
4 Series Treadmill



**STAR TRAC**  
4 Series Cross Trainer



**STAR TRAC**  
4 Series Recumbent Bike



**NAUTILUS**  
Instinct® Dual Multi-Press



**NAUTILUS**  
Instinct® Dual Lat Pull Down/  
Vertical Row



**NAUTILUS**  
Instinct® Dual Leg Press/  
Calf Raise



**NAUTILUS**  
Instinct® Dual Leg Extension/  
Leg Curl



**NAUTILUS**  
Instinct® Dual Adjustable  
Pulley



**NAUTILUS**  
Instinct® Dumbbell Rack  
10-Pair/2 Tier



**TKO**  
FID Bench



**TKO**  
10-Sided Rubber Dumbbells



**PRISM FITNESS**  
Smart Deluxe Self-Guided  
Commercial Package

## CREATE YOUR FITNESS SPACE

From multifamily housing spaces like Lincoln Station Rowhouses to larger fitness facilities at major universities or country clubs, as well as curated home fitness spaces, Ardent Fitness is here to help with the entire process, from space planning and design to fitness equipment selection, delivery, installation, and service.

 (888) 429-7759

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