



CLIENT SHOWCASE

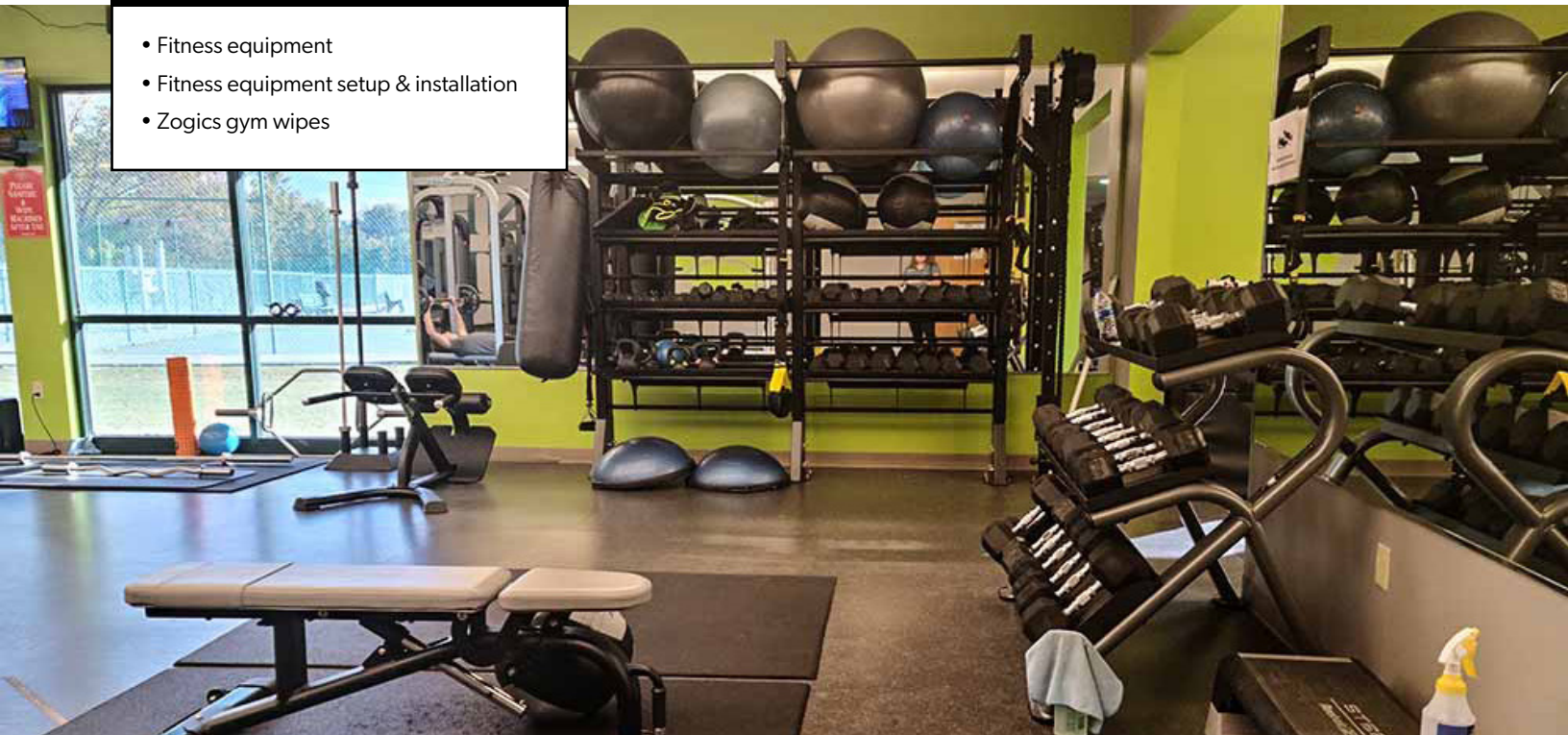
CHARLESTON TENNIS CLUB

Charleston, WV

In need of a total refresh of their fitness equipment and gym, the Charleston Tennis Club turned to Ardent Fitness to fully revamp the space. Using a just-right mix of varied strength and cardio fitness equipment, Ardent Fitness was able to offer the Charleston Tennis Club a modern, updated fitness center space with the options they were looking for, maximizing the use of the space and completing the remodel on a fast-track schedule. As a result, the amount of members using the fitness center has more than doubled since they reopened with their new fitness equipment. From start to finish, Ardent Fitness listened to the client's needs and wants, enabling them to give their members the best gym experience possible.

SERVICES PROVIDED BY ARDENT FITNESS:

- Fitness equipment
- Fitness equipment setup & installation
- Zogics gym wipes





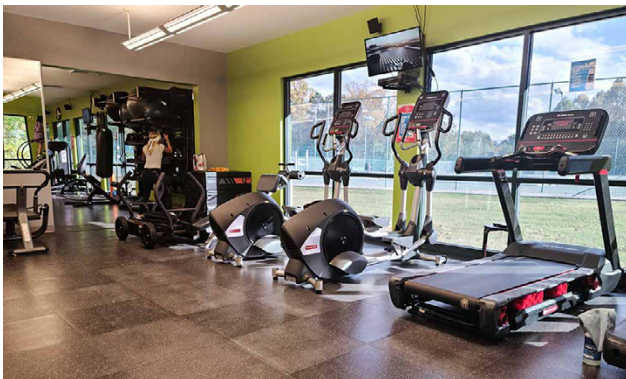
More strength training space

Ardent Fitness worked with the Charleston Tennis Club on reorganizing the layout of their fitness center to allow for more room in their strength training area.



Hoist Fitness and Nautilus Strength Series

Best in class strength training equipment from Hoist Fitness and pieces from Nautilus's Inspiration, Impact, and Instinct series were selected to enhance the club's strength training options.



Upgraded Cardio Equipment

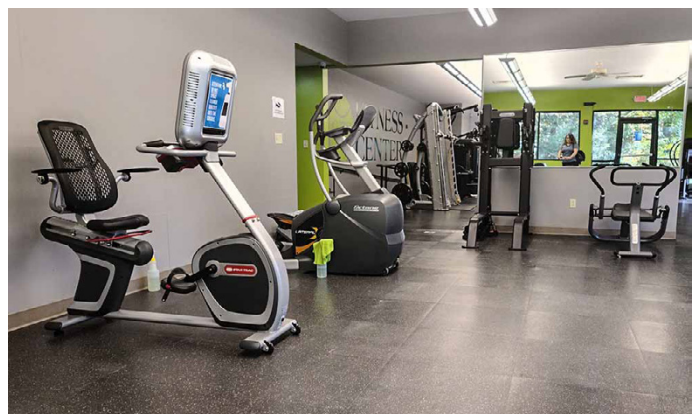
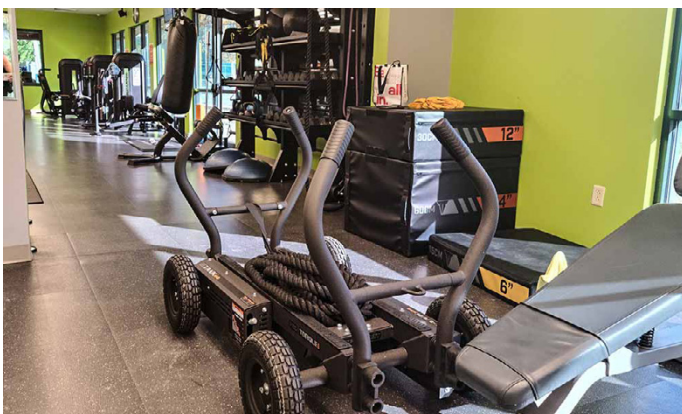
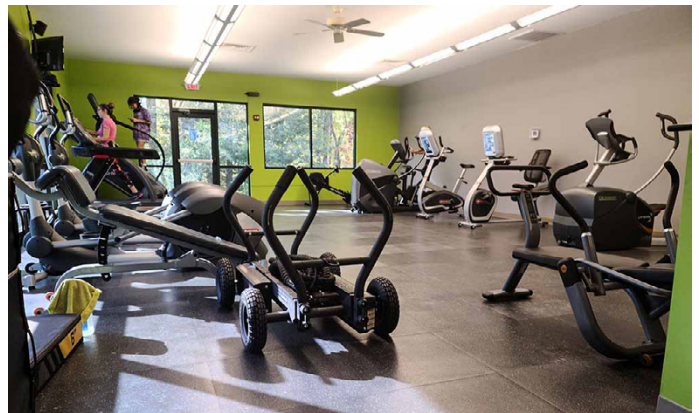
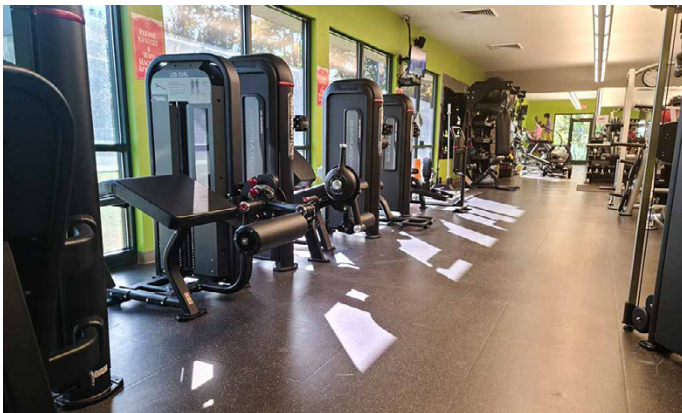
StarTrac recumbent and upright bikes, the 10TRX Freerunner Treadmill, and additional cardio equipment from Stairmaster and Octane.

ARDENT FITNESS

"We contacted Ardent Fitness about remodeling our existing gym and really needed help with the vision and layout. We wanted to change it up and Evan was incredibly helpful with the layout and ideas of equipment using multiple brands. The entire process of remodeling our gym was a team effort with Evan and Ginny's knowledge of the industry. Communication between Ardent Fitness and my club was clear and accurate from ordering to installation.

Our gym usage has improved drastically since the install of new equipment."

—Missy Tyler, Fitness Director, Charleston Tennis Club



EQUIPMENT PROVIDED



HOIST FITNESS
CF 7 Degree Smith



HOIST FITNESS
CF Power Cage



HOIST FITNESS
CF Leg Press



OCTANE
XT-One



NAUTILUS
Inspiration Leg Extension



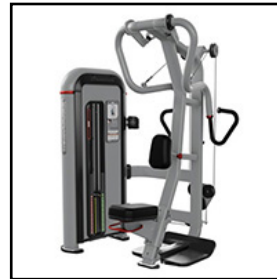
NAUTILUS
Inspiration Back Extension



NAUTILUS
Inspiration Abductor/
Adductor



NAUTILUS
Inspiration Leg Press



NAUTILUS
Inspiration Vertical Row



NAUTILUS
Inspiration Ab Crunch



NAUTILUS
Inspiration Dual Pulley



NAUTILUS
Impact Lying Leg Curl



NAUTILUS
Impact Lat Pulldown



NAUTILUS
Impact Chin Dip Assist



NAUTILUS
Instinct Multi-Press



NAUTILUS
Instinct 45° Back Extension



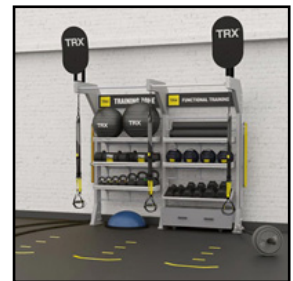
NAUTILUS
Inspiration Flat Bench



NAUTILUS
Inspiration Utility Bench



NAUTILUS
Inspiration Leg Raise/Dip



TRX
Studio Line Double Bay

EQUIPMENT PROVIDED



STAR TRAC
10TRX Freerunner Treadmill



STAR TRAC
8 Series Rear Drive Elliptical



STAR TRAC
8UB Upright Bike



STAR TRAC
8RB Recumbent Bike



STAIRMASTER
8Gx Gauntlet StepMill



STAIRMASTER
HIIT Rower



ZOGICS
Upward Pull Wall Mounted
Wipe Dispenser



ZOGICS
Antibacterial Disinfecting
Gym Wipes

CREATE YOUR FITNESS SPACE

From fitness clubs like the Charleston Tennis Club to larger fitness facilities at major universities or multi-family housing, as well as home fitness spaces, Ardent Fitness is here to help with the entire process, from space planning and design to fitness equipment selection, delivery, installation, and service.



(888) 429-7759



ardentfitness.com



hello@ardentfitness.com



@ArdentFitness



@ardentfitness



ardentfitness