



CLIENT SHOWCASE

929 APARTMENTS

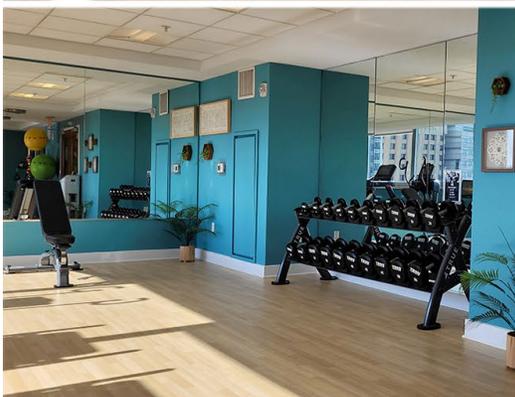
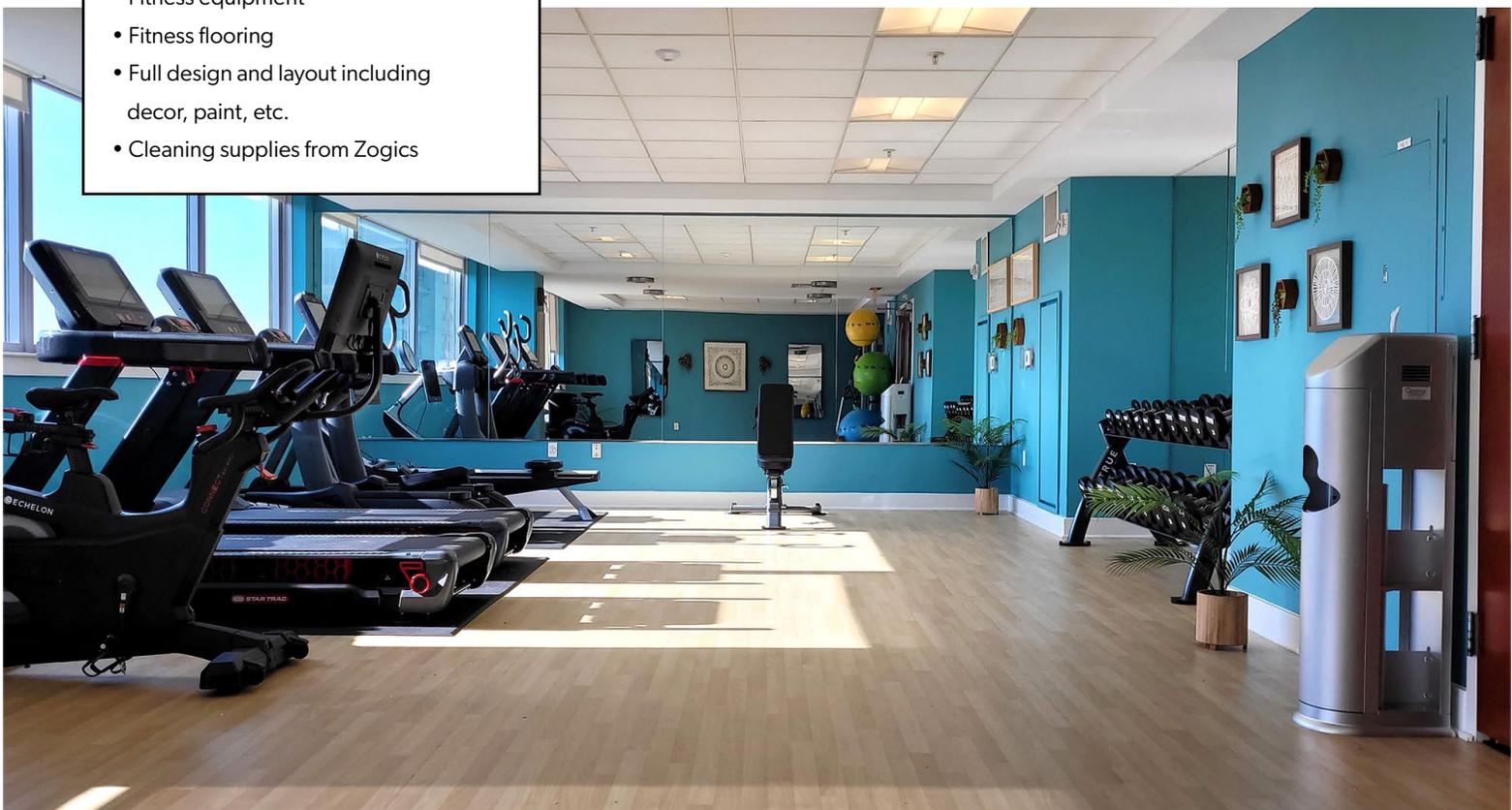
Baltimore, MD

Ardent Fitness completed an overhaul of 929 Apartments' 24-hour fitness center, which is part of the Johns Hopkins Medical Campus. Working alongside 929 Apartments, we were able to fully match their vision for the new space, from the overall look and feel to state-of-the-art fitness equipment.

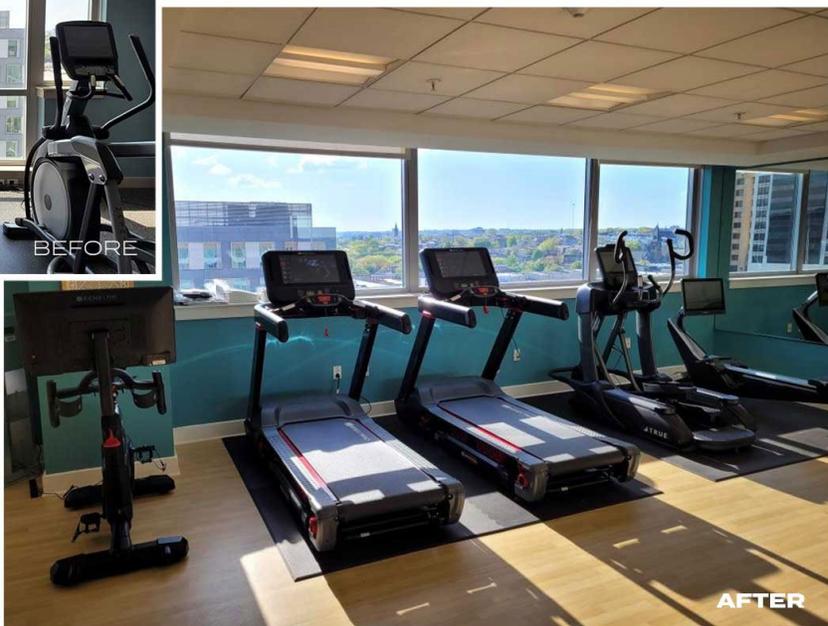
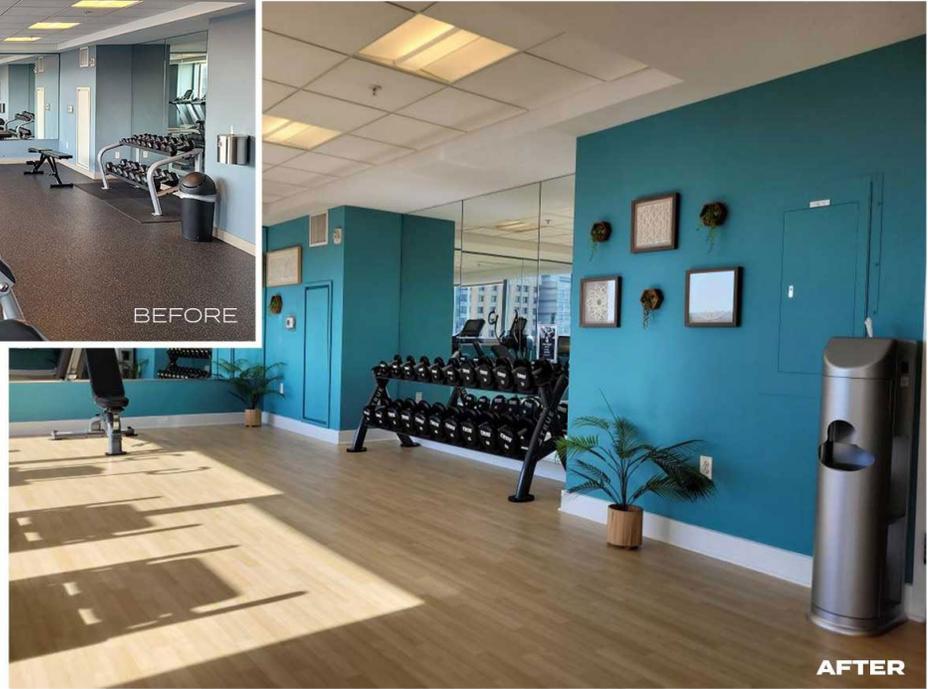
We even selected and sourced the paint and decor for the space, ensuring the fitness center, when done, matched the original aesthetic inspiration. Watch Netflix on your treadmill or elliptical, row on the Charles River, take a spin class, then follow it up with yoga on the interactive mirror.

SERVICES PROVIDED BY ARDENT FITNESS:

- Fitness equipment
- Fitness flooring
- Full design and layout including decor, paint, etc.
- Cleaning supplies from Zogics



ARDENT FITNESS





Interactive Cardio Training

Featuring Echelon EX-Pro interactive exercise bikes, Star Trac 10TRX Freerunner treadmills, TRUE Spectrum Ellipticals, and The Hydro interactive rower.



Self-Guided Fitness

A TRUE Functional Trainer and Prism Smart Deluxe Self-Guided Commercial fitness accessories allow for versatile training options in a compact space.



Interactive Mirrors

The Echelon Reflect 50" Touchscreen mirror uses cloud-based streaming video technology to offer exclusive cardio, yoga, strength, pilates, and boxing workouts on-demand.



Free Weights & Strength Training

Best in class, commercial grade dumbbells from Troy plus the TRUE Adjustable Bench make for a total strength training workout.

EQUIPMENT PROVIDED



ECORE FLOORING
Bounce2 Flooring



HYDROW
The Hydrow Rower



TRUE
Spectrum Elliptical



STAR TRAC
10TRX Freerunner Treadmill



ECHELON
EX-Pro Exercise Bike



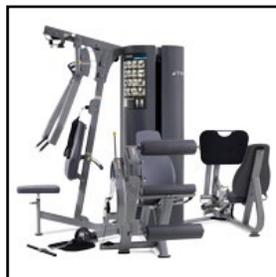
ECHELON
Reflect 50" Touchscreen



TRUE
XFW-4700 Dumbbell Rack



TROY FITNESS
12 Sided Urethane Dumbbells



TRUE
MP 3.5 Multigym



TRUE
SM-1000 Functional Trainer



TRUE
Flat/Incline/Decline Bench



PRISM FITNESS
Smart Deluxe Self-Guided
Commercial Package



ZOGICS
The Cleaning Station

CREATE YOUR FITNESS SPACE

Whether you're a larger community space like 929 Apartments, a smaller commercial facility, or setting up a home workout space, Ardent Fitness can work with you every step of the way, from space planning and design to equipment selection, financing, installation and service.

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 ardentfitness.com

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