

# CASCADE

HEALTH & FITNESS®

## CASCADE COMPASS



### COMPASS MODEL INCLUDES

- 16 Levels of Automatically Adjustable Resistance
- HR Monitor/Strap
- Dual Sided SPD Pedals
- 14 Workout Programs

The new Cascade Compass offers 14 program options as well as the traditional spin capability. Built with the same high quality quiet magnetic resistance system as our Cascade bikes, the new Compass lets you increase or decrease resistance at the touch of a button or select from 14 different exercise programs.



- 14 Workout Programs
- Time
- Distance
- Watts/Levels
- Speed/RPM
- Calories – Kcal
- Bluetooth Enabled Console

## CASCADE COMPASS - KEY PRODUCT FEATURES



### New Compass Console

14 workout programs - exercise feedback includes time, distance, HR, watts, speed/RPM and calories.



### No-Slip Multi-Position Handlebars

PVC coated handlebars adjust up/down and fore/aft for better fit.



### Comfortable 4 Way Adjustable Seat

Adjusts up/down and fore/aft for better fit.



### Smooth Magnetic Resistance System

Adjust resistance at the touch of a button

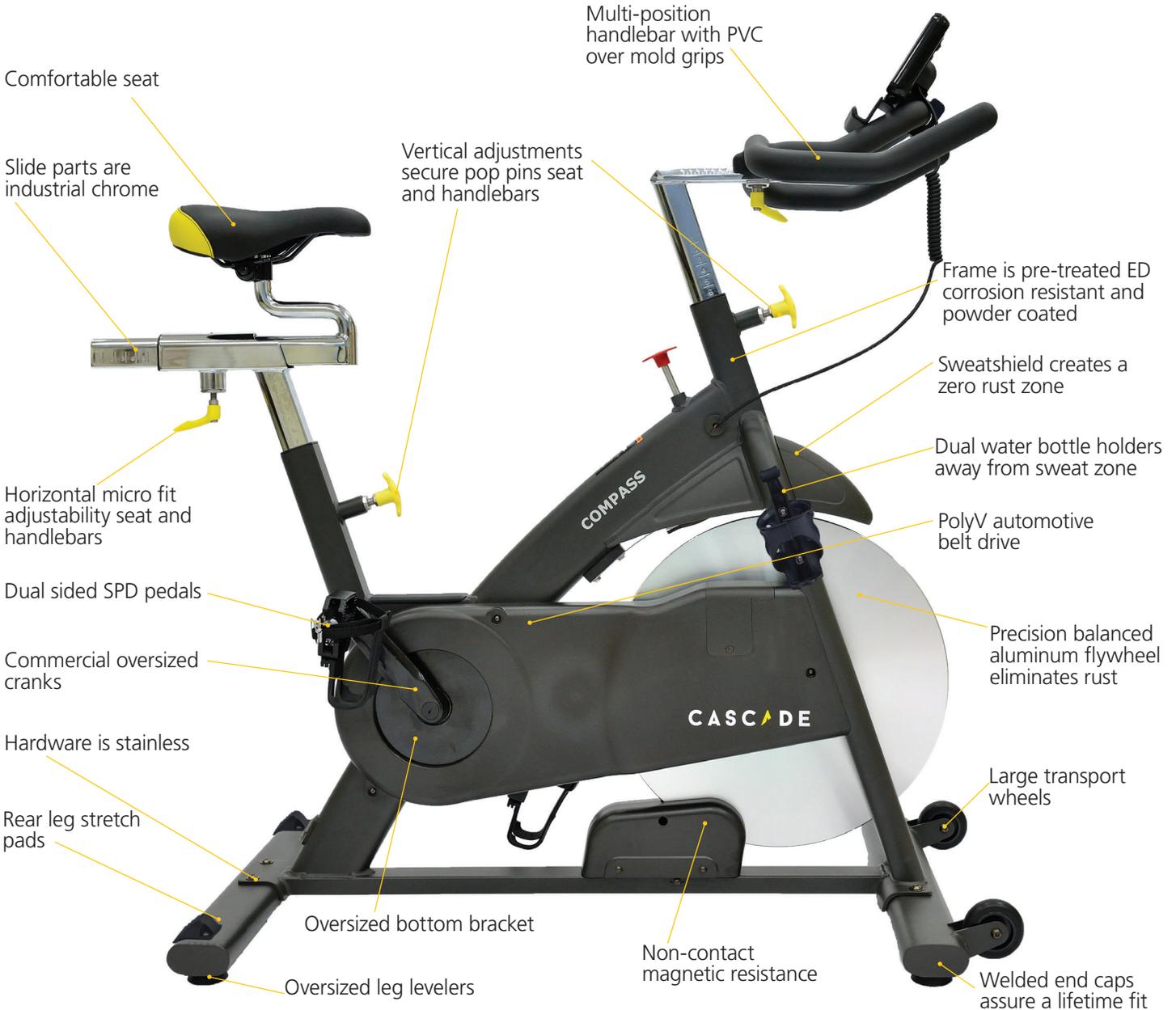
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Console displays speed, RPM, time, distance, HR, calories, level and watts and has 14 programs



## COMPASS FEATURES



### KEY BENEFITS

- Quiet smooth magnetic resistance delivers great road feel
- 16 levels of resistance to vary your workout
- Includes HR Monitor/Strap for heart rate training
- Commercial quality – extremely durable
- No friction parts – require very little maintenance

### WARRANTY

Frame	Lifetime
Parts	5 years
Wearables	2 years
Electronics	2 years
Labor	1 year

### SPECIFICATIONS

Length	42" (107 cm)
Height	42" (107 cm)
Width	23" (58 cm)
Weight	96 lbs (44 kg)
Max User Weight	350 lbs (159 kg)